

Here is what some of our service users say about our service...

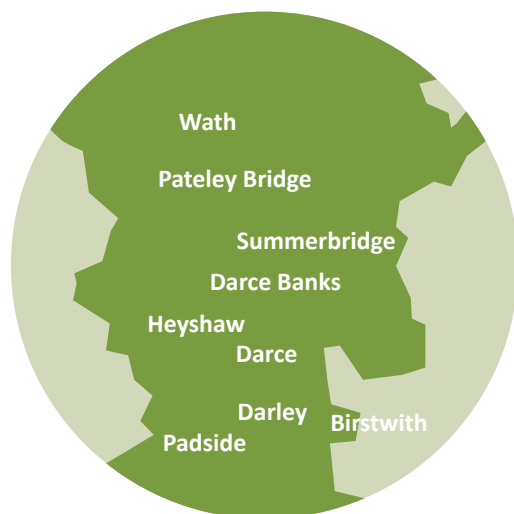
"I really enjoy not having to cook for myself or to have to think about what to cook"

"I was so delighted with the meals I contacted the Dusty Miller directly to thank them personally"

"Jolly good food, nicely presented"

"It is always nice to see another human being"

Delivery Area



The Nidderdale Meals on Wheels Service has been generously supported by North Yorkshire County Council, HDH Charitable Trust and Tesco Bags of Help. Meals are cooked by The Dusty Miller, Low Laithe, Summerbridge HG3 4BU. The scheme is coordinated by Nidderdale Plus Community Hub which is a registered charity (No. 1163998).



**Freshly cooked, local hot meals,
made at The Dusty Miller in
Low Laithe, brought to your home
by local volunteers.**

**Available on Tuesday and Wednesday each week
across Nidderdale
Available in Pateley Bridge on Wednesdays only**

Our service

Do you, or does a close relative / friend of yours, struggle to get out and buy food, or to cook at home?

Nidderdale Meals on Wheels has a service that can answer your problem and meet your needs.

On Tuesday and Wednesday each week (Wednesday only in Pateley Bridge), local caterers, The Dusty Miller, in Low Laithe cook fresh, hot, two-course meals that are then delivered to your home by local volunteers.

£42.50 for 10 meals

(prices correct at September 2020)

Here are some sample menus:

Main courses

Beef casserole, mash potato and broccoli

Lamb hotpot, puree of carrots and swede

Shepherd's pie, peas and beans

Haddock with parsley sauce, creamed potato topping with cheese and mushy peas

Desserts

Rice pudding, raspberry jam

Fruit crumble and custard

Rhubarb fool

Strawberry cheesecake

How to order

1. Check you are in the delivery area — see overleaf.
2. Phone Nidderdale Plus to register your interest in the service. People can also do this if they want to buy meals for a relative.

01423 714953

**Nidderdale Plus Community Hub
King Street, Pateley Bridge HG3 5AT**

3. The meals coordinator will then ring you, or your relative, to set up an initial visit. At the initial visit one of our DBS-checked volunteers will run through any dietary needs you have, and any health and mobility issues, and find out which door you want the meals to be delivered to.
4. After the initial visit is done, payment needs to be made to Nidderdale Plus, either by BACS or cheque, payable to 'Nidderdale Plus'
5. Nidderdale Plus rings to find out when you want the service to start.
6. After the initial set of meals that you have paid for has been delivered, the coordinator will be in touch with you or your relative, to see if you want to continue with more meals.